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Minister gives hope

FATALITY

Family of murdered Alberta mother want inquiry

The family of an Alberta mother of five who was murdered by a former partner says the government is sympathetic to its call for a public inquiry into her death.

Colleen Sillito-Kruger, 46, was found fatally shot Oct. 2 on her driveway in Fort Saskatchewan, northeast of Edmonton.

Her family said she was a victim of escalating threats and violence and had obtained a peace bond from the RCMP that was violated many times.

Joyce Sillito met Wednesday with Justice Minister Kathleen Ganley to talk about her daughter's death and violence against women in general.

Shannon Phillips, minister

responsible for the status of women, also attended.

Sillito said her family was advised to write a letter to the chief medical examiner's office to request a fatality inquiry.

Such inquiries are not automatic. They do not assign blame but make recommendations to prevent future deaths.

Sillito said Phillips appears determined to improve how the provincial government works to prevent domestic violence.

Ganley said the government needs to look at what it can do better, including reviewing deaths in the context of systemic violence against women.

She said the government has not made a decision on whether fatality inquiries should be automatic in such cases.

"I think the big takeaway message from this is that this was a person in need of protection and unfortunately we did not do an enormously good job of that."

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Blues on the bus? Driver brings smiles to Route 7

PEOPLE

Ken Foster's songs spread joy from stop to stop



Maedeh Mafat had a ride to remember on a city bus earlier this month.

The University of Alberta student was waiting on a Route 7 bus sitting at University Transit Centre on Oct. 7 when its driver, Ken Foster, asked all his passengers to stand up and introduce themselves to one another.

Foster then turned on his bus's microphone and, as he pulled the vehicle away from the curb, began singing blues legend Robert Cray's 'Nothin' but a Woman.'

"That made everyone laugh, it made a lot of people on the bus happy," Mafat said.

"I really like the guy."

Foster became a bus driver almost 20 years ago, and said he specifically wanted to drive the Route 7 bus because the route's former driver used to stop his bus in front of Foster's home and play Frisbee with his dog.

He felt the driver made the route personable and fun, and it's that vibe he's trying to rep-



Ken Foster said that once his passengers took a turn serenading him — with six verses of 'Wheels on the Bus.' KEVIN TUONG/FOR METRO

licate with his blues singing.

Foster is a big blues fan and started singing to passengers when he drove a shuttle bus to and from the Edmonton Folk Music Festival three years ago.

The tradition stuck — you can now hear him sing the blues on his bus every Tuesday afternoon.

"I want people to walk away feeling like they had a good experience," Foster said. "I know most of the passengers by name, they all know me, I know where they get on and off. I try to be as helpful as I can."

Foster said his singing has been well received by passengers,

some of whom will often wait longer at the bus stop for him.

Some will even join in on the fun.

"One time (the passengers) did six verses of 'Wheels on the Bus' as we drove down Whyte Avenue," Foster said. "People were staring at the bus because they

could hear it — it was so loud."

Seeing his bus filled to capacity is a compliment, he said, and a testament to good customer service.

"I've never had a job that gives me so much satisfaction," Foster said. "At the end of the day, I'm grinning ear to ear."

WITHROW

Parents: we don't regret farm life

Three young sisters were playing in their family's loaded grain truck when they became trapped and suffocated in a dense pile of tiny canola seeds that experts say would have swallowed them like quicksand.

Thirteen-year-old Catie Bott, and 11-year-old twins Dara and Jana were buried around supper time Tuesday during the busy harvest season on the farm near Withrow in west-central Alberta.

Their parents and neighbours worked furiously to free them from the truck and performed CPR, but two of the girls could not be revived. The third was taken by air ambulance to hospital in Edmonton, but she died overnight.

"Our kids died living life on the farm," the parents said in a statement released Wednesday by RCMP. "It is a family farm. We do not regret raising and involving our kids... on our farm. It was our life."

The family is well-known and has roots in the area, said Ted Hickey, director of community and protective services with Clearwater County.

THE CANADIAN PRESS



The Bott family. FACEBOOK



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IN BRIEF**Sidewalk cyclist nabbed for guns, drugs, no bell**

In Edmonton, cycling on the sidewalk without a bell can get you in hot water.

On Tuesday afternoon, Edmonton Police stopped a 25-year-old man who was riding his bike on a downtown sidewalk, said spokesperson Anna Batchelor.

The reason? He lacked a bell on his bicycle.

As police talked with the man, he provided a false name and was arrested for obstruction.

During the arrest officers found a knife. A further search revealed a sawed-off shotgun, drugs and trafficking paraphernalia.

The man faces 18 charges in relation to weapons, trafficking/drugs, obstruction, possession of stolen property and breaches.

RHONDA KRONYK/METRO

Four dozen AHS employees face disciplinary action

Alberta Health Services says four dozen of its employees in the Calgary zone are facing disciplinary action for inappropriately accessing a patient's information.

CEO Vickie Kaminski says the 48 employees work at South Health Campus and across the Calgary region.

She says one person is facing termination, while the others are being suspended without pay from two to five days.

Kaminski says all AHS employees are accountable for patient privacy.

THE CANADIAN PRESS



Alberta Education Minister David Eggen speaks to media at the Alberta Legislature Wednesday. BRAEDEN JONES/METRO

Getting 'back on the rails'

POLICY

Eggen assigns Catholic Board an intervenor



**Braeden
Jones**
Metro | Edmonton

In the Edmonton Catholic School District's packed boardroom Tuesday sat Donald Cummings, watching trustees feud over a policy to protect gay and transgender students.

Alberta's Education Minister David Eggen announced

Wednesday that Cummings had been contracted as a professional facilitator before the meeting, had met with trustees afterwards and will be working with them "collectively and individually to improve their governance skills" over the next six months.

And as Eggen said Wednesday, it will be Cummings' job to ensure the board "gets back on the rails."

At the meeting on Tuesday, trustees succeeded — despite threats to indefinitely postpone the debate — to approve the first reading of a trans-inclusive policy.

But Eggen said it still didn't

+ CORRECTION

Metro reported yesterday that Debbie Engel had sought re-election as ECSB chair and lost. Engel did not run for re-election. Metro regrets the error.

inspire confidence.

"Generally they (trustees) have had governance issues for a long time, and it has come to a head in regards to their capacity to build a coherent transgender policy," he said.

The board's first attempt

at reading the policy back in September prompted Eggen to step up oversight of the situation, and hire Cummings at the rate of approximately \$60,000 for six months — a fee to be split between the district and province.

Many people present at Tuesday's meeting and online called for the dissolution of the board as it spun its tires over the policy.

The board's standalone policy on sexual orientation and gender identity is currently being revised and is due to return to the trustees on November 24 for a second reading.

HEALTH

Dye glitch delaying PET scans

Patients awaiting PET scans have had their appointments rescheduled because of a problem with Alberta Health Services cyclotron in Edmonton.

Mauro Chies, chief program officer of clinical support services with AHS, confirmed the cyclotron, which makes radioactive dye, is broken. He said they hope to have it running later this week and said they are getting the dye from other provinces.

He also apologized for inconvenience it was causing to patients and their families.

Erica Malanchuk, 34, is one of the affected patients.

BRODIE THOMAS/FOR METRO

+ LEADERSHIP

Marilyn Bergstra at the helm to right ECSD ship

A government watchdog isn't the only change with the Edmonton Catholic School District board — it also boasts a new chair.

On Tuesday Marilyn Bergstra took over from outgoing chair Debbie Engel, who's been a trustee (and over much of that time, chair) for 18 years, and said she's optimistic she can bring cohesion to the splintered cadre of trustees.

"My approach is to focus on team-building," she said. "I want to stress there is immense talent on this board."

Bergstra is joined by new co-chair John Acheson.

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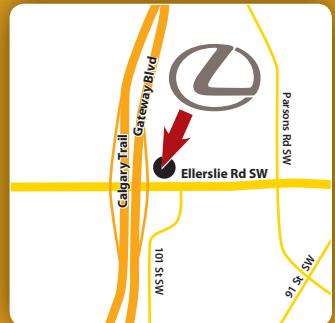


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Albertans weigh in on an age-old question

SURVEY

Majority say 74 is old, but it all depends on your health

 **Jeremy Simes**
For Metro | Calgary

If you're 71.5, then most Albertans think you're old.

That figure is from a new survey conducted by ThinkHQ Public Affairs, where 2,010 Albertans were asked, "At what age do you personally consider someone to be old?" online.

"It's interesting," said Marc Henry, president of ThinkHQ. "Fifty years ago, life expectancy was 74, and now that's the age-range Albertans consider to be old."

But Alexandra Witczak, Ogden House Senior Citizen Club, said she considers 71 to be young.



A survey from ThinkHQ showed age, and the perception of being old, is largely about perspective. REX FEATURES

"Age is just a number," she said. "In my opinion, people can be young at heart, no matter what their age is."

Witczak wouldn't disclose her age to Metro, adding that it didn't matter.

In fact, she said the club doesn't really talk about age or "oldness" — it doesn't sit well.

"Old sounds used, or something you don't need and put in the garbage," she said. "We have

a Zumba instructor here that can probably move a lot better than some of today's teenagers."

In the survey, Albertans' perceptions of age changed depending on their age bracket.

On average, those under 35 thought 67.3 was old, those between 35 and 54 said 71.8 was old, and those over 55 said 76 was old.

Photographer Nicole Hopkinson, 30, said she thought 30

was old when she was younger.

"Now that I'm 30 this year, I think 30 is super young," she said with a laugh. "I thought 30 was very old when I was 15."

The survey also asked Albertans about their personal health.

On average, respondents who had poor health thought 68 was old, while those with very good health said 72.4 was old.

Witczak said the key to aging is having a positive attitude — it'll keep you youthful.

"A positive attitude is very, very important," she said. "Many people (at the club) are very happy and active because we're positive."

The online survey was weighted to reflect gender, age, region of Alberta's population according to Statistics Canada. The survey was not a random sample, meaning the margin of error isn't applicable. But, a probably sample of this size would yield a margin of error of +2.2 or -2.2 percentage points at a 95 per cent confidence interval.

REACTION

Word on the street: How old is 'old'?



Now that I'm in my 30s, I'd say 60.

Emmanuel Nimoh, 32, child and youth worker



Eighty-six. It's all about how you feel.

Charlotte Cranston, 22, youth poet laureate



The most politically correct answer is 65, and that's solely based on viewpoints: how they view the world and how they think it should go.

Aman Adatea, 30, food truck owner

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 **POLITICS**
Notley creates advisory panel to boost, diversify Alberta's economy

Premier Rachel Notley has struck a committee to give her ongoing advice on ways to improve and diversify Alberta's oil-based economy.

Notley says the 10-member panel is to meet four times a year to discuss ways to better position the province to compete in the global marketplace.

The committee is headed by Joseph Doucet, dean of the School of Business at the University of Alberta.

Other members are leaders from business, labour and post-secondary institutions.

They will not be paid, but will be reimbursed for travel expenses. Notley's government has already struck a panel to review oil royalties. THE CANADIAN PRESS

TRANSPORTATION
Safety measures should be in bylaw: Taxi group

Braeden Jones
Metro | Edmonton

About 500 Edmonton taxis underwent annual inspections Wednesday, an event some industry lobbyists used to highlight what they say is missing from the city's pending vehicle-for-hire bylaw.

"Something that hasn't been talked about enough is the additional safety concerns," said Jonathon Wescott, who works with Alberta Counsel, the government relations firm

working with the industry's "Driving for Equality" campaign.

The taxis were inspected Wednesday, and Wescott said it's important to note that all of them were equipped with safety features like in-car GPS and panic buttons, "which frankly, ride sharing services don't mandate."

He said as the city continues to work on the proposed ride-sharing bylaw, mandating the safety additions is necessary not just for fairness, "but to be safe" for riders and drivers alike.



Safety supervisor Mohammad Ahmadi inspects a Co-op taxi Wednesday. KEVIN TUONG/FOR METRO



Edmonton won't ring in the New Year before midnight this year following a city survey that asked residents whether they would support earlier festivities in a bid to make it more family-friendly. SUPPLIED/CITY OF EDMONTON

New Year's bash to go off with normal bang

CHURCHILL SQUARE
Public reaction mixed on early fireworks display

Ryan Tumilty
Metro | Edmonton

Merry-makers in Churchill Square will sing Auld Lang Syne and watch fireworks explode at midnight this December 31

and not a minute earlier, after officials decided to leave New Year's celebrations alone.

Earlier this year, city officials used two surveys to ask whether Edmonton would prefer the fireworks and festivities to be moved to earlier in the evening in order to be more 'family friendly,' but the results came back mixed.

"There were no strong opinions either way," said Karen McDonnell, city spokesperson. "It was basically a split and so the decision was made by our management team to keep it as it is."

The decision was made by our management team to keep it as is.

Karen McDonnell

The city's Insight Survey community was polled on the issue and while 42 per cent of respondents said having fireworks explode earlier would make them more likely to attend Churchill Square, 12 per cent said it would make them

less likely and 46 per cent said it made no difference.

A separate survey conducted by polling firm Leger, found only 31 per cent of people would be more likely to attend while 58 per cent said it wouldn't matter to them either way.

Several other Canadian cities, including Calgary, have moved their firework celebrations to earlier in the evening and McDonnell said the idea could be revisited in the future.

Just not now. "For the time being, it's going to stay the same," she said.

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ELECTION 2015

Albertans show up in big numbers at advance polls

 **Ryan Tumilty**
Metro | Edmonton

Albertans displayed their eagerness to cast ballots this past weekend with more than double the number of voters showing up at the polls compared to the last federal election.

Aided at least partially by an additional day of advance polls, an estimated 358,830 people cast ballots, up from 160,199 during the three days of advance polls in 2011.

Leanne Nyirfa, a spokesperson for Elections Canada, said the organization is pleased with the early turnout.

"It's great to see so many



Advance polls were open over Thanksgiving weekend. METRO FILE

people took advantage of the advance polls."

Liberal candidate Amarjeet Sohi said he and his family voted this weekend and was happy to see so many people

at the polls.

"We stood in a lineup for an hour and half to vote, and there were many people there in the lineup who were very excited," he said.

NDP candidate Janis Irwin said she's encountered a lot of people who have already voted when she knocks on doors.

"People are telling us they're ready for change," she said. "I think people are going to come out in great numbers."

Conservative candidate Kerry Diotte pegged Alberta's high numbers on economic fears.

"The NDP plan scares people who rely on the oil and gas sector and I think that's a big motivating factor to get out and vote this time," he said.

3,633,422

Across the country, 3,633,422 people voted in four days of advance polls over the weekend, up from 2,100,855 in three days in 2011.

15,047

At 15,047, Edmonton-Wetaskiwin had the highest advance poll turnout of any of the nine ridings in Edmonton.

61.1

Voter turnout in the 2011 election was 61.1 per cent.



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Alanna Lastiwka has visited 50 churches in Edmonton in the past two years. KEVIN TUONG/FOR METRO

One local blogger, 100 city churches

PROJECT

Research includes the service and congregation

 **Andrea Ross**
Metro | Edmonton

One thing Alanna Lastiwka has learned in her quest to visit 100 Edmonton churches is that it can get awkward.

"When you have to walk into a place where it's usually a tight-knit group, you get weird looks," Lastiwka. "Some days you feel really introverted and don't want to go out and deal with an awkward situation."

"But I figure I'm halfway there and might as well finish the next half."

The 24-year-old set out to

visit 100 churches around the city two years ago as a sort of quest for understanding. She documents each visit on her blog, 100 Churches 100 Sundays, detailing the congregation and service, as well as the look of the church itself.

So far, she's visited 50 different churches in Edmonton — from Anglican cathedrals to alternative churches.

She picks them at random, and goes alone.

"I roll out of bed at 8 a.m. on a Sunday, get on Google Maps and 350 red dots pop up," she said. "I pick one and use public transit. I get there, hopefully on time, and sit through the service. Next Sunday, I get up and do it again."

By day, Lastiwka works at a liquor store on Whyte Avenue. She doesn't consider herself religious, but decided to do the project after finishing school and realizing she wanted to



I'm halfway there and might as well finish the next half.

Alanna Lastiwka

better understand organized religion.

"A lot of people of my generation, there's this phenomenon of being spiritual and not religious, which has become huge," she said. "I wondered, 'Where do I fall within my beliefs?'"

Lastiwka said she isn't sure if she can answered that question yet, and isn't putting pressure on herself to reach her goal of 100 churches by any set deadline.

"This project just moves with the wind," she said. "I hope to press on and make it to 100."

PENALTIES

IN BRIEF

AHS extends lab contract

Dynalife will continue to handle Edmonton's laboratory services for at least another year, after AHS extend the company's contract for \$130 million.

AHS was set to replace the company with an Australian firm named Sonic, but the NDP put a temporary hold on any effort to privatize laboratory service, while it reviews the plan.

Health officials said the extension ensure there will be no issues while the government reviews the privatization effort. METRO

Despite a change in government, there are no plans to change how the province plans to combat distracted driving.

Alberta's transportation minister Brian Mason confirmed the NDP will follow through with a proposal by former PC MLA Moe Amery to tack on three demerits

in addition to the current \$287 fine for driving distracted.

On Wednesday, Metro reported Alberta has seen roughly 27,000 distracted driving tickets issued annually, costing offend-

ers \$5 million per year. There's also been a four-fold spike in tickets for those using devices like laptops, iPads and gaming devices.

"To get the attention of repeat offenders by using demerits is a good way to do it because repeat offenders will eventually end up losing their licence or having it suspended," Mason said. "So, we're moving in the direction of making this offence subject to demerit points."

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READY TO ENGAGE

Metro's daily primer on what the parties are saying about the issues that matter to urban Canadians



Zunera Ishaq is seen after the Federal Court of Appeal heard her case on whether she could wear a niqab while taking her citizenship oath. By characterizing the niqab issue as a matter of aberrant or extreme behaviour, Stephen Harper struck a chord with an "extreme-o-phobic" Canadian public, Rosemary Westwood argues. PATRICK DOYLE/THE CANADIAN PRESS

Canada's cult of moderation



ROSEMARY WESTWOOD
Metro

"Everything in moderation," my grandmother used to say.

My dad says it now, often, reminding me it was his mother's phrase. Perhaps she inherited it, too. It feels so true, I've never questioned it. I doubt either of them did.

It's also a very Canadian thing to say: middle of the road, balanced, offending no one, committing to nothing.

It's the kind idea that underlies our temperament, as Canadians. Our boringness is our strongest asset, we tell ourselves. Our rejection of the extremes means we never stray too far into action, lest it be the wrong kind.

There is no greater Canadian value. It's why we can't get enough of American politics, while feeling smug that we're nowhere near as crazy.

Among other things, the fact that the NDP hasn't governed a country before has played into their sliding poll numbers. People have told me they're not sure what an NDP government would look like. Better to vote for what you know,

than take a chance on what you don't. Moderate change, but not too much.

We approve of immigration, but we don't want anyone too hardline in their beliefs. We value our health care, but we don't really want to talk about all the holes in our system and how un-universal it really is. We care about climate change, but we'd never vote Naomi Klein into office; her ideas are fine in a book — unthinkable on Parliament Hill.

Even our villains, if that's how you see Stephen Harper, are subtler than many. Harper is nowhere near the calibre of a Donald Trump zealot, which isn't to say I don't disagree with many of his policies, but is to say they fall on us with a much lighter touch. In fact,

his careful rightward steering is a perfect picture of moderately plodding your ideological path — so as not to wake the nation.

We may say we've woken, with a kind of anti-Harperism that isn't very Canadian, which is to say, isn't very measured.

The "anyone but Conservative" memes populating my Facebook feed, the high-pitched pleas to "heave Steve!" con-

demn him as un-Canadian, worse than Agent Smith of the Matrix, worse than Scar from the Lion King. Worse than Voldemort.

It's nice to see emotions run high, in a country where they mostly seem to make us uncomfortable. But we have been wrong to blame him for letting a bit of clothing carry the

campaign away.

It's moderation we have to thank for an explosive debate on so-called "Canadian values."

Moderation birthed the niqab madness, not, as so many have been bemoaning, xenophobia. Sure, we have our share of bigotry (Harper himself might have some), but eight in 10 Canadians aren't xenophobic, they're extreme-o-phobic. Harper succeeded in turning the niqab into a week's worth of headlines by framing it not around immigration, but extremism.

I, like you, have been watching the polls. I, like you, have been wondering why a need to define ourselves — what we are — has so dominated this election. It's as if we really hoped a new leader would come along and answer the question, because we do not know.

But Canadians are many things.

We are right, and we are left, and we are so-called old stock, and so-called new, and "we" really only refers to people living in this country, who agree that democracy is good, if we agree on nothing else.

Except, of course, moderation.

X 2015 ELECTION COUNTDOWN

- TUES. Women
- WED. Environment
- THURS. Canadian values
- FRI. Youth engagement

Moderation birthed the niqab madness, not ... xenophobia. Sure, we have our share of bigotry ... but eight in 10 Canadians aren't xenophobic, they're extreme-o-phobic.

QUICK GUIDE SECURITY & CITIZENSHIP

Here's a breakdown of promises and legislative measures from the **NDP**, **Liberals**, **Conservatives** and **Greens**

ON BILL C-51

Conservatives:

- Passed the bill, which outlaws promoting terrorism; gives CSIS new powers; makes it easier to arrest terror suspects; allows 100 agencies to exchange Canadians' confidential information.

ON BILL C-24

Conservatives:

- Passed the bill, which allows the federal government to strip Canadian citizenship from dual citizens convicted of terrorist offences.

Liberals:

- Promised to amend the bill by limiting to 17 the agencies empowered to exchange confidential info; eliminating CSIS's new powers; adding "sunset clause" on aspects.

NDP:

- Promised to repeal the bill in its entirety.

NDP:

- Promised to repeal the bill.

Greens:

- Promised to repeal the bill in its entirety.

Greens:

- Promised to repeal the bill.

LATEST POLL

LIB 36% CON 31% NDP 21%

Source: EKOS/iPolitics



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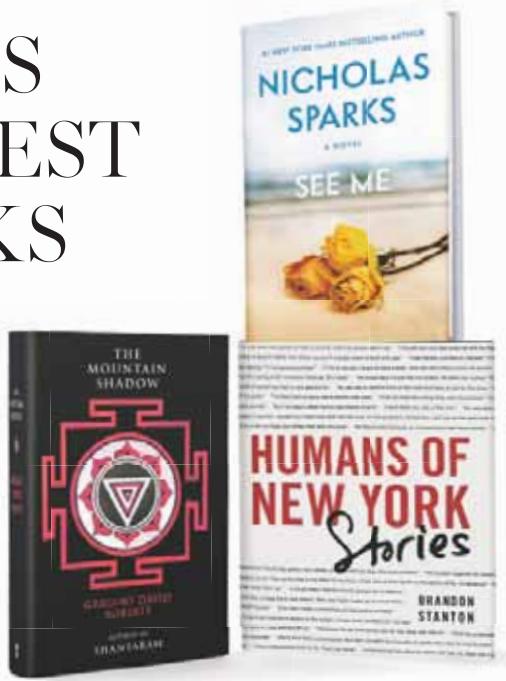
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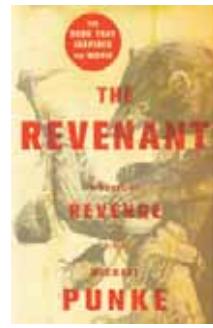
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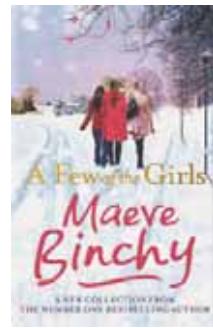
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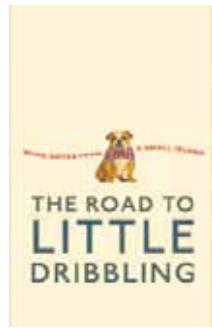
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Trudeau: Give us a majority

 ELECTION 2015

Liberals look to do what they haven't since Chrétien days

Justin Trudeau is asking Canadians to give his Liberals something they haven't had a taste of in a while: a majority mandate.

The Liberal leader made the comment Wednesday as polls suggest his party has been enjoying some late-campaign momentum and as the scrutiny of Trudeau intensifies in the lead-up to Monday's vote.

"I know that Canadians will make the right decision," Trudeau said at Mohawk College when asked about a majority.

"Am I asking Canadians to vote for us? Yes. Am I asking them to vote for us across the country? Yes. Am I asking them for a majority government? Yes."

Several news outlets quickly reported Trudeau's comment, which prompted one of his staffers to point out that his main rivals have also asked for majority governments during the



Justin Trudeau's campaign has been focused on targeting ridings won by both Conservatives and New Democrats in 2011. PAUL CHIASSON/THE CANADIAN PRESS

campaign.

The party sent emails to reporters filled with quotes from both Conservative Leader Stephen Harper and NDP Leader Tom Mulcair asking voters for majorities.

Trudeau has indicated in the past that a Liberal minority wouldn't do, because Canadians want a strong, stable government with MPs from across

the country.

A party must capture at least 170 seats to hold a bare majority in the House of Commons, which will have 338 seats in the next Parliament. The Liberals held just 36 seats at dissolution.

The last time the Liberals won a majority was in the 2000 election, when they were led by Jean Chrétien.

Trudeau was also asked Wed-

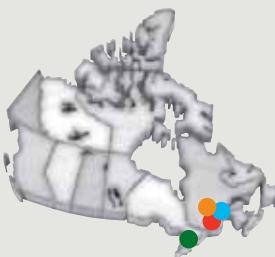
nnesday how he would stay in power if he wins a minority mandate and whether he would be prepared to work with Mulcair if the Tories earn a minority.

One of the great things about elections is that Canadians get to choose what their government is and what their Parliament will look like, he responded.

"What Canadians don't want is politicians organizing back-



WHERE THE LEADERS ARE THURSDAY



- **Stephen Harper** will be in Trois-Rivières, Que.

- **Justin Trudeau** will be in Quebec in Montreal, Laval and Sainte-Thérèse.

- **Tom Mulcair** will be in Quebec in Alma, Cookshire-Eaton and Sherbrooke.

- **Elizabeth May** will be in Guelph, Ont.

targeting ridings won by both Conservatives and New Democrats in the 2011 election.

On Wednesday, Trudeau's tour blitzed the Niagara Peninsula and the Toronto suburbs with whistle-stop events as part of a push one of his staffers described as being "on offence."

At each stop, the Liberal leader is greeted by hundreds of boisterous supporters.

At times, partisans have jostled — sometimes aggressively — in packed restaurants, bakeries and bars just for a chance to get a selfie with Trudeau, his autograph or even a handshake.

THE CANADIAN PRESS



I know that Canadians will make the right decision.

Justin Trudeau

room deals around who actually gets to wield power," Trudeau said.

"I trust Canadians. I know that Canadians are going to make a real and strong choice on Oct. 19."

In recent days, the Liberal campaign has been focused on

SASKATCHEWAN

Town votes to change its 'Land of Rape and Honey' slogan

A town in northern Saskatchewan will no longer use the slogan "Land of Rape and Honey."

Town council has voted to rebrand the community of Tisdale by next June.

Tisdale has used the slogan for nearly 60 years, but a survey found a majority of the 3,200

residents wanted to drop the catchphrase.

Rape refers to rapeseed, a bright-yellow plant that was a precursor to modern canola and was a key crop in the area.

But some were concerned the name offended people who thought it meant sexual assault.

Sean Wallace, Tisdale's economic development director, says the production of rapeseed and honey have declined in the area.

"It's very odd to have a brand be around that long and we also want something that's going to exemplify ... strengths that we

have here in Tisdale today," Wallace said Wednesday.

"The rapeseed crop is hardly grown any more."

Wallace said the town's economic development committee will decide how best to consult with residents on a new slogan.

"The slogan has been here for

60 years and it's near and dear to people's hearts here, but 20 per cent more of the population saw a need for change."

Last spring, Tisdale Mayor Al Jellicoe said one or two complaints were coming into his office every year from people in Canada and the United States

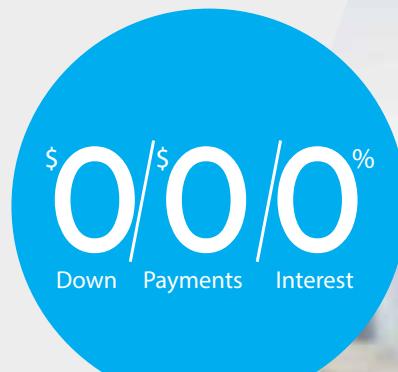
who were incensed by the slogan.

He said there was also a problem with clarifying the meaning while talking business.

The town, about 210 kilometres northeast of Saskatoon, established the slogan in 1958.

THE CANADIAN PRESS

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Generation shunned

ELECTION 2015

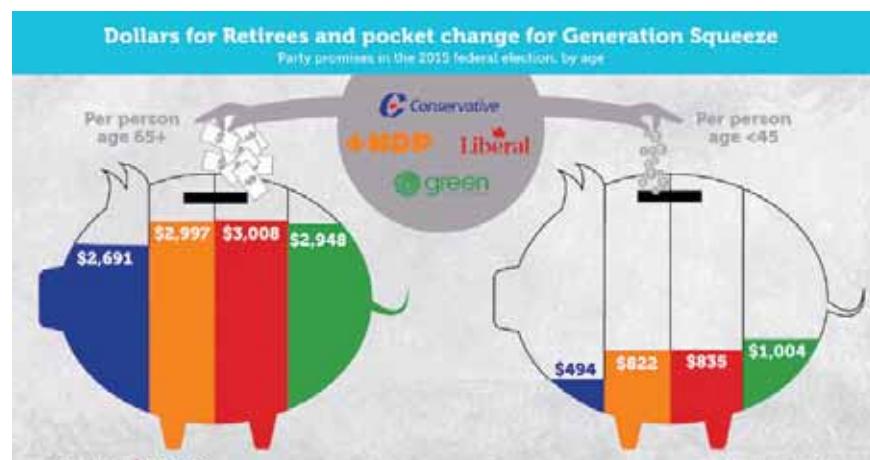
Major parties offer a pittance to nation's young adults

 Matt Kieltyka
Metro Vancouver

All four major federal parties are throwing mere "pocket change" at young voters, according to a new Generation Squeeze report comparing election platforms.

Despite the fact seniors will make up just 18 per cent of Canada's population in 2019, the Conservatives, Liberals, NDP and Greens have all pledged to boost between \$18 to \$20 billion in new funding for items like Old Age Security, income supplements, benefits, seniors care and health-care transfers to provinces.

Meanwhile, the Conservatives have pledged just 18 cents on issues that affect young adults for every dollar they spend on seniors.



All four national parties plan to spend "pocket change" on people under the age of 45 when compared to spending on seniors, a new study finds. CONTRIBUTED

The NDP's platform increases that to 27 cents for every dollar that goes to seniors, 28 under the Liberals and 34 cents from the Greens.

And that's at a time when adults under the age of 45 make up 55 per cent of the population, face higher unemployment rates, mounting debt and — for the first time — a deteriorating standard of living.

Generation Squeeze founder Dr. Paul Kershaw, of the University of British Columbia's School of Population & Public Health, believes the funding gap between generations stems from society's ongoing efforts to improve senior care and poverty since the '70s and the lack of political engagement by youth. "Young Canadians are just simply less involved in the pol-

itical world," said Kershaw.

Generation Squeeze recommends government spend an additional \$1,000 for every person under the age of 45.

Currently, the government spends \$20,868 on average for each of the 5.8 million Canadians aged 65 and up, compared to \$4,349 each for the 20.1 million people under age 45, according to the report.

ENVIRONMENT

Parties graded on climate change

Only the NDP and Green Parties have promised to put a price on carbon and have set long-term emissions targets, according to the David Suzuki Foundation.

The environmental organization releases its 2015 party platform cheat sheet on Thursday, which shows where every national party stands on 20 climate change issues.

According to the guide, only the Liberals have not committed to any specific emission reduction targets (the Conservatives want to lower emissions 14.4 per cent by 2030, while the NDP and Green have set a 2050 target of 80 per cent).

The Greens and NDP are the

only parties to commit to protecting the right to live in a healthy environment in law.

The Conservatives are the only party to support all major proposed energy projects: Keystone XL (which the Liberals also support), Energy East and Kinder Morgan's Trans Mountain pipeline (NDP and Liberals have taken no official stance on either) and Northern Gateway (all other parties are opposed).

Every party except for the Conservatives has also promised to end fossil fuel subsidies, ban oil tankers on B.C.'s coast, and establish a Parliamentary science officer.

MATT KIELTYKA/METRO IN VANCOUVER

IN BRIEF

Sewage plans backing up

The federal government is "irresponsible and negligent" to have ordered a halt to Montreal's plans to begin construction work that would see eight billion litres of raw sewage dumped into the St. Lawrence River, Mayor Denis Coderre said Wednesday.

Coderre said Ottawa's decision "makes no sense" and puts the city's water-treatment infrastructure in jeopardy. Infrastructure Minister Denis Lebel made the announcement earlier on Wednesday on behalf of Environment Minister Leona Aglukkaq.

THE CANADIAN PRESS

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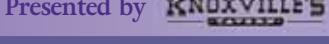
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Child migrants aided

GERMANY

'Welcome classes' set up for kids in huge wave of refugees

Fadi and Fadiya started school in Berlin last month not knowing a word of German.

The 9-year-old twins from Syria are among nearly 400,000 children among a wave of up to 1 million migrants and refugees expected in Germany this year alone.

All around the country, schools have added extra teachers and "welcome classes" to teach kids like Fadi and Fadiya the basics of German before they are integrated into regular classrooms about six to eight months later.

As a new school year began last month, Berlin's schools saw non-German speaking children jump by 70 per cent. There are now 478 welcome classes in the capital alone for roughly 5,000 children.

Fadi and his sister Fadiya were among 20 new arrivals from 11 countries in the wel-



The word "Willkommensklasse" (Welcome Class) is displayed at an elementary school in Berlin last week. MARKUS SCHREIBER/THE ASSOCIATED PRESS

come class offered by an elementary school.

The children ages 6 to 12 came from Syria, Iraq, Egypt, Libya, Bosnia, Serbia, Bulgaria, Turkey, Korea, Ghana and the U.S.

Not all were refugees. Some, for example, were children of parents who had relocated to

Germany for work.

"Some of those kids have never seen a school from the inside because they spent years hiding in basements from bombs," said principal Irina Wissmann.

"But we're trying to get them used to our routines as quickly as possible — it's the best

thing that can happen to them right now."

Many of the children present special challenges.

"We had one child who would hide under the desk during the lesson and scream in panic, scaring off all the other kids as well," Wissmann said. THE ASSOCIATED PRESS

CHINA

Ancient teeth shed light on man's roots

Dozens of fossil human teeth from a cave in China show that people lived in southern Asia more than 80,000 years ago, researchers report.

Before this, the earliest well-dated fossils firmly linked to our species in southern Asia were only around 45,000 years old.

Our species, *Homo sapiens*, is thought to have appeared in Africa around 200,000 years ago and later spread to other continents. The details of that dispersal are still murky.

The discovery in China's Hunan province argues against a theory that the first wave reached southern Asia only about 60,000 years ago.

The finding may mean that people arrived in multiple waves, said Maria Martinon-Torres of University College London, a study author.

She and authors from China and elsewhere reported the discovery of 47 teeth in the journal *Nature* on Wednesday.

They could not date the teeth directly, but analysis of nearby mineral samples and animal fossils indicated the teeth are somewhere between 80,000 and 120,000 years old.



Human lower teeth found in the Fuyan Cave southern China. S. XING/NATURE VIA THE ASSOCIATED PRESS

The finding raises the question of why our species didn't enter Europe until only about 40,000 to 45,000 years ago. Maybe Neanderthals crowded them out, basically out-competing them as hunter-gatherers until their populations started to fade, the researchers suggest.

In a journal commentary, Robin Dennell of the University of Exeter in England suggests that cold winters might be a better explanation.

THE ASSOCIATED PRESS

PALESTINIANS MONITORED

Israel calls in troops to counter attacks

The Israeli military began deploying hundreds of troops in cities across the country on Wednesday to assist police forces in countering a wave of deadly Palestinian shooting and stabbing attacks that have created panic across the country.

The military's planned deployment of six companies marks the first implementation of measures by Israel's security cabinet to counter the attacks that have intensified dramatically in recent days.

The cabinet met late into the night and announced steps early Wednesday that included allowing police to seal off points of friction or incitement.

Many of the recent attackers have come from Arab areas of Jerusalem, prompting calls to seal off those neighbourhoods. In a new step, Israeli forces placed makeshift checkpoints in Palestinian neighbourhoods in Jerusalem to monitor traffic leaving the areas.

THE ASSOCIATED PRESS

IN BRIEF

Condition of Ebola nurse worsening, hospital says

London's Royal Free Hospital says the condition of a nurse being treated for complications resulting from Ebola has worsened. The hospital said in a statement Wednesday that Pauline Cafferkey is now critically ill after her condition deteriorated.

Cafferkey was treated for Ebola after returning from Sierra Leone last year. She was released from the hospital in January but she suffered a relapse last week.

THE ASSOCIATED PRESS

Ethiopia calling for help after rains devastate crops

Ethiopia's government is calling for international assistance to help feed 8.2 million people after erratic rains devastated crop yields.

More than 300,000 children are in need of specialized nutritious food and a projected 48,000 more children under 5 are suffering from severe malnutrition, according to a government assessment conducted in September.

THE ASSOCIATED PRESS

CALIFORNIA

Trio charged in Quebecer's slaying

Three transients appeared in court Wednesday charged with killing and robbing a Canadian backpacker and a yoga instructor days apart in California.

Morrison Haze Lampley, 23, Sean Michael Angold, 24, and Lila Scott Alligood, 18, did not enter pleas Wednesday. They were arrested in Portland, Ore., last week.

Lampley, accused of pulling the trigger of a stolen gun in both killings, yawned frequently as the trio was assigned

court-appointed attorneys.

The three are charged with shooting backpacker Audrey Carey, 23, from Quebec, in the head. Her body was found Oct. 3 in San Francisco's Golden Gate Park, where officials believed she had camped during a three-day music festival.

They also are accused of killing Steve Carter, 67, while he walked his dog along a popular hiking trail in Marin County, 32 kilometres north of the city.

THE ASSOCIATED PRESS

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Companies seek cyber-insurance

PROTECTION

Data security third-biggest risk in Canada, survey finds

In the wake of the Ashley Madison hack and other high-profile data breaches, Canadian companies are turning to so-called cyber insurance to protect themselves from the fallout of data leaks.

The ensuing class-action lawsuit — and adultery website founder and CEO Noel Biderman's decision to step down in late August — were the latest in a series of incidents that experts say represent a wake-up call for executives about the real-world consequences of digital vulnerabilities.

Duncan Stewart, director of technology research at Deloitte, said the past year has seen a surge in awareness



The Ashley Madison breach is a wake-up call for companies about digital vulnerabilities, experts say. THE CANADIAN PRESS

about cyberattacks, and companies are turning to insurers to prepare for what seems an inevitability in an increasingly interconnected world.

There is no legal requirement for companies to report a hack in Canada, making the true number difficult to determine, but security company Websense said in August 2014 that 36 per cent of Canadian

businesses had observed a breach in their IT security in the last 12 months.

In a KPMG survey of Canadian property insurance executives, data security even beat out unexpected catastrophic events as the third-biggest risk facing Canadian companies in 2015 after regulatory burdens and low interest rates.

THE CANADIAN PRESS

ONLINE SHOPPING

Shopify using Uber to deliver packages

Shopify and Uber are working together to offer same-day local delivery starting today in three major U.S. cities.

The UberRUSH program will be initially available to a select number of Shopify's merchant clients in New York City, Chicago and San Francisco but it's expected to go to other cities over time.

Ottawa-based Shopify says merchants enrolled in the program will be able to provide their customers with the option of requesting an Uber pickup and delivery — which can be tracked with an app.

Uber offers a controversial

alternative to taxi service in many cities by using its mobile app and analytics to connect customers with drivers.

Shopify provides software for designing, building, and managing sales across the web, mobile applications and stores. Its core customer base is small and medium-sized merchants.

Its Uber deal follows a partnership last month with Amazon, which has agreed to provide Shopify merchants with a gateway to the e-commerce giant's systems and warehouses.

THE CANADIAN PRESS

IN BRIEF

Walmart shares plunge
Walmart stock had its biggest one-day drop in nearly three decades after the retailer said it's bracing for its profit to take a hit as it works to fend off competition. THE ASSOCIATED PRESS

market minute

	DOLLAR	77.39¢ (+0.58¢)
	TSX	13,875.33 (+30.60)
	OIL	\$46.64 US (-2¢)
	GOLD	\$1,179.80 US (+\$14.40)

NATURAL GAS: \$2.518 US (+2.0¢)
DOW JONES: 16,924.75 (-157.14)

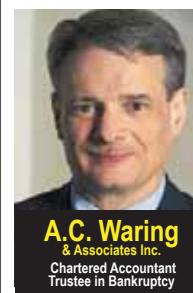
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metrO VIEWS

Strange mix: The U.S. National Institutes of Health has temporarily put the brakes on a \$500K grant to experiment with animal-human hybrid cells to let experts puzzle over the ethical issues.

CHANTAL HÉBERT: ON A STABLE HOUSE OF COMMONS



“ Trudeau is — at campaign’s end — better positioned than Stephen Harper to craft a viable minority government.

With the wind at his back in the last week of the campaign, Liberal Leader Justin Trudeau is asking voters to give his party a majority on Monday. To measure what a feat that would be, consider that to reach the magic majority number of 170, the Liberals — with 36 MPs at dissolution — would have to more than quadruple their seats next week.

A leap of that magnitude may turn out not to be in the cards but Trudeau is — at campaign’s end — better positioned than Stephen Harper to craft a viable minority government.

The poll numbers tell only part of the story.

With just five days to go in the campaign, it is easier to project a Conservative defeat than a majority victory.

Three polls this week pegged Harper’s party more than 10 points behind the Liberals in Ontario and trailing by five to seven points nationally.

With those numbers, the Conservatives would need most three-way local battles to break their way to eke out a narrow minority win on Monday. And that victory could amount to little more than a pit stop en route to the opposition benches, or to another election.

Citing irreconcilable policy differences with the Conservatives, the other parties have all pre-emptively warned they would bring down a Harper-led minority government at the first opportunity.

In short, such a government would be dead on arrival in the House of Commons.

By comparison, a Liberal minority government would not have to look all that hard to find enough opposition

support to survive and to implement most of its platform.

Yes, there is plenty of animosity between the Liberals and their rivals — in particular the NDP — but as Harper himself demonstrated twice, reciprocal affection is not a precondition to a stable parliamentary relationship.

Having foreclosed the option of keeping Harper in power, the NDP would have little alternative but to do what it takes to make the Liberal alternative work.

In most instances, that would involve the New Democrats putting water into their wine or, in this case, putting wine in the water of their cautious platform.

The two parties disagree on fiscal policy.

Mulcair spent the campaign

preaching the need to balance the federal budget each and every year of the next mandate. Trudeau is planning to run deficits for three years.

But would many New Democrat voters truly want their party to bring down a Liberal government for running deficits and spending more on Canada’s social and physical infrastructure?

And what of Trudeau’s plan to cut off the federal child benefits of high-income families to redistribute the money to the less wealthy ones? Would the NDP really hold a parliamentary knife to the throat of a minority government in the name of the more well-off Canadians?

The line in the NDP/Liberal sand rarely gets deeper than on the issue of C-51, the Con-

THE MICROTREND: Dripping with deceit



The world’s gem giants are worried the diamond industry’s reputation might lose some of its shine in a market flooded with fakes. In a panicky presentation this week at the World Diamond Council meeting in Moscow, dealers were warned about clever copies that are either entirely lab-made or created by combining diamond cores or coatings with inferior bits of plastic, glass or cubic zirconia. In many cases, the imitators are getting mixed in with real jewels from large and well known companies. Jangling the alarm about this troubling trend was the president of the partially state-owned Russian diamond miner ALROSA, which produces a quarter of the world’s (real) diamonds. SOURCE: CNBC

metroview

In Fahmy case, Harper prioritized politics ahead of human rights



Steven Zhou
For Metro

The return of journalist Mohamed Fahmy to Canada this week after 400 days in an Egyptian prison couldn’t have been timelier.

It’s a reminder that Canadians should think about how much their candidates really care about human rights when they head to the polls in less than a week’s time. Fahmy, a former Al Jazeera English journalist, isn’t happy at all with the way Stephen Harper’s administration handled his situation. And he’s right to say that the Tories could have done a lot more for him.

Along with two colleagues, Fahmy was arrested in December 2013 for what are now widely denounced terror-related charges. He said in his first press conference in Canada that he felt “betrayed and abandoned” by his own government as the Harper administration dragged its feet.

Fahmy’s best chance at freedom was for Harper to personally intervene at the highest level, but it wasn’t until he was recently sentenced to three more years in prison (in another Egyptian show-trial) did the Canadian government truly step in on his behalf. By then, Fahmy had already spent hundreds of days in jail.

The Harper government allows politics and ideology to infringe on its theoretical commitment to human rights. Its reluctance to accept Syrian refugees in a timely way is another good example. But

the Fahmy case boiled the situation down to one person, one face, and showed how the administration wasn’t much interested in advocating speedily for one of its own citizens.

The Egyptian government under Abdel Fattah el-Sisi was gaining notoriety at the time of Fahmy’s arrest (right after toppling the elected government of the Muslim Brotherhood’s Mohamed Morsi) for locking up anyone who publicly disagreed with the administration. The arrest was clearly a violation of freedom of speech and of the press. But Prime Minister Harper wasn’t interested even in knocking off such low-hanging fruit.

It’s worth asking what this all means for a Canada that’s lost a lot of international standing during the Harper years, and has become all bark and no bite when it comes to human rights.

It’s become more and more obvious that the Canadian government is focused narrowly on denouncing its international rivals while bolstering its allies — all with little attention paid to the actual human consequences.

The Fahmy case was open and shut, according to Canadian Journalists For Free Expression, but the Harper administration treated it like some unapproachable gray area involving complex politicking. This only adds to the Tories’ track record of bizarrely ideological foreign policy.

Steven Zhou is a Toronto-based journalist and editor. He tweets at @stevenzhou.

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PHILOSOPHER CAT by Jason Logan





Big ideas in a small package

HISTORY

A 20th century retrospective provides hints to our future

Mike Donachie
Metro | Canada

"It seemed necessary."

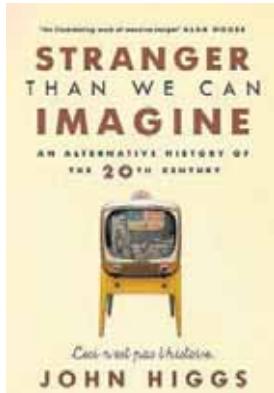
Ask John Higgs why he took some of the most mind-bending concepts of 100 years and shaped them into a retelling of the 20th century, and that's the reply.

Higgs is the writer behind *Stranger Than We Can Imagine: An Alternative History of the 20th Century*. Rarely have so many big ideas been crammed into one book. It's an ambitious project.

Higgs, who's from Brighton, England, has created a roadmap of the cultural and technological advances that brought us to the modern world.

"The purpose of this is to make sense of now," explains Higgs over coffee during a visit to Toronto.

"The 20th century is obviously the century we know most



about. It shouldn't be strange to us. But the narrative we all know — the Second World War, Hiroshima, the Cold War, the Berlin Wall — that's not how it should be told.

"For some reason, that doesn't seem to lead into the world we now know, with tsunamis of information."

The difference between the 20th century and the 19th, Higgs suggests, is that 19th-century discoveries are easier to understand. Great feats of physical engineering or medical breakthroughs are impressive and accessible for an ordinary person.

The greatest ideas of the 20th century are more challenging, he argues. It's "off-putting, bewildering and slightly inhuman" to try to grasp ideas like quantum mechanics.

Higgs decided to explain those huge concepts, and link them in the story of a century.

"It's the most radical ideas that make no sense at all at the time," Higgs says. "They were the ideas that were on the edge, but they all seemed to be pointing in the same direction. When you tie them all together they make sense together."

And Higgs admits he tried to avoid mentioning politicians.

"Politicians don't invent the Internet," he says.

"They don't change our society. They just sit at the top and take the credit."

Stranger Than We Can Imagine begins with relativity, then explains modern art, individualism, nihilism, the space race, chaos theory and more. It's brain-bursting stuff, but worth the effort.

But the real purpose of tracking a century of ideas was to look at what's coming in the 21st century.

Spoiler: Higgs thinks we're looking at a bright future because of changes in how we see ourselves, and that's all rooted in those big, 20th-century ideas.

"Getting your head around the past 100 years will change how the modern world appears to you," he smiles.

"You will see it with different eyes."



Who won the space race? In his book, John Higgs says it was the Soviets. But the U.S., despite being left behind for years, went on to win the cultural battle by landing men on the Moon.

ISTOCK



PERSONALITIES

Cast of characters

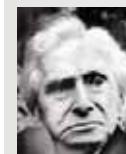
John Higgs avoided mentioning politicians in his history book, but does talk about some of the 20th century's most fascinating individuals, including:



IGOR STRAVINSKY, COMPOSER



JAMES JOYCE, WRITER



BERTRAND RUSSELL, ACADEMIC



ALEISTER CROWLEY, OCCULTIST



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John Higgs

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Costello finally writes that book

AUTOBIOGRAPHY

Artist reflects on his father, prolific output

Alan Cross
For Metro Canada

"I was asked to write an autobiography when I was 24," says Elvis Costello, "and I said 'Can I get back to you when I've done something?'" Now at age 61—and ten years after he was approached again—he's finally published a memoir.

"There's a lot of stuff ahead," he tells Metro, "and if I had to carry all this memory around with me without any other account of it...I never kept a diary. All of this is what I remembered."

Unfaithful Music & Disappearing Ink is more than a review of life lived in music; it's a love letter to Costello's father, who worked as a jazz singer for decades. Before that, his granddad was



Unfaithful Music & Disappearing Ink is more than a review of life lived in music; it's a love letter to Costello's father, who worked as a jazz singer for decades. GETTY IMAGES

a trumpeter with the White Star Line playing standards to passengers.

His father met his mother in a record store — "It's lovely. It's a beautiful thing!" he

exclaims — so it's no surprise that Elvis was exposed to all kinds of music as a child: Dizzy Gillespie, Sinatra, the Beatles, Peggy Lee. If ever he challenges you to a game of

musical trivia, politely take a pass and save yourself the embarrassment.

There are some very clever descriptions in the book. He recalls his New Wave period



ELVIS COSTELLO

UNFAITHFUL MUSIC

How many proper albums did the Beatles put out in 1965 and 1966? (Three: Help!, Rubber Soul and Revolver.) That's what I grew up with."

Elvis lives to make all kinds of music: country, ballet scores, operas, co-productions with Burt Bacharach, Allen Toussaint and even Paul McCartney, sessions where McCartney good-naturedly accused him of "getting all the good lines."

He keeps plugging along but he also says he won't record new music now because his dad is gone and he was the sole audience about whom he cared.

The e-book comes with additional photos and there's a companion soundtrack CD featuring many of the songs discussed in the book.

"I see now that I was lucky to work in the record business during that brief interlude between the time when they bought your songs outright for 50 bucks or the keys to a Cadillac, and now, when everything is supposed to be free."

Yes, he's been lucky. And so have we.

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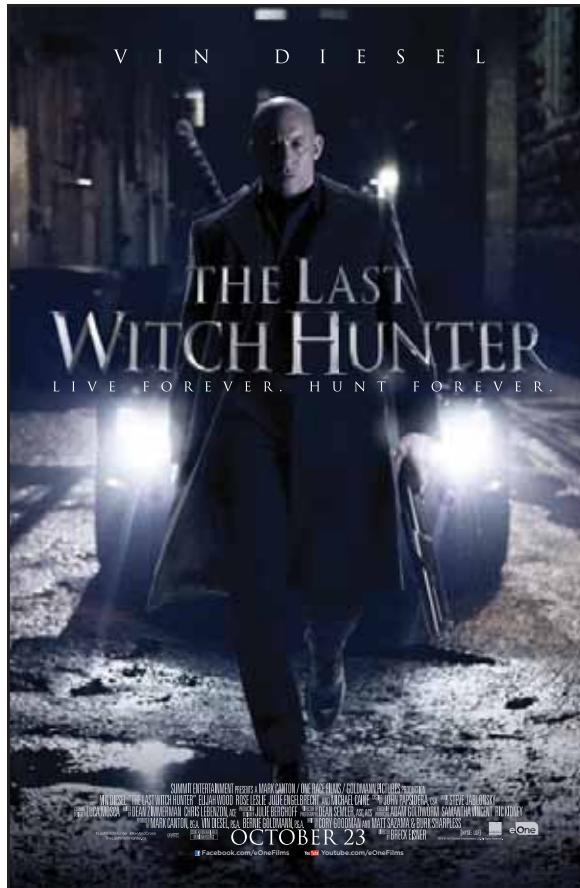
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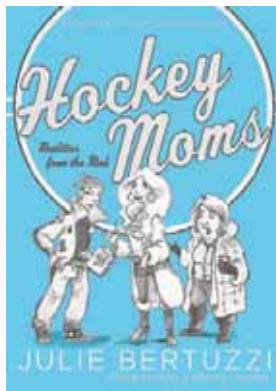
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BOOK EXCERPT HOCKEY MOMS: REALITIES FROM THE RINK, BY JULIE BERTUZZI

'She's unafraid to insult any player'



Julie Bertuzzi, wife of NHL player Todd Bertuzzi, has taken the observations she's gleaned from years of experience as a hockey mom to write 20 droll sketches of the fellow moms who live at the rinks and in the minivan to support their kids in their hockey dreams.

In this excerpt, we meet Big Mouth Betty, one of the "20 women you already know."

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It only takes one listen, and after that you will instantly recognize Big Mouth Betty, anytime, anywhere. Her distinctive shriek can be heard the moment you enter the rink's lobby. She is the mom who acts like she's played a thousand games in the NHL, even though she has never actually worn a pair of skates. Or, if she has played the game, she likely gained all of her hockey knowledge during her old college days. She just doesn't know that the game has changed dramatically since the 1990s. Perhaps she's learned everything she knows in the lobbies of the great many arenas she has seen. She may even have taught herself by watching NHL network game highlights over breakfast. Whatever odd place is the source of her hockey wisdom, she's certainly not shy in telling you all about it. She takes over most conversations, and she is always right when it comes to the game of hockey. There's no point even trying to talk hockey with Big Mouth Betty because you will never be right — unless, that is, she agrees with you.

This Hockey Mom always stands with the same circle: either with the ladies who

are used to her or with her own children, who have no choice but to hang out with her at the rink. Sometimes you will see her with that one nice mom who just accepts everybody, but most of the team parents try to avoid her. Even her own husband tries to get out of going to the games with her. Or he chooses to stand by the

glass, on the opposite side of the rink, so he can't hear her yakking.

One difference between Big Mouth Betty and other



Hockey Moms is that most moms don't want to be "that parent" constantly in the coach's face expressing one or several opinions on every matter. But because Betty is such a hockey guru, the other parents quite often suggest to her that she take her beef about the team's business to the coach. She can also be "loud" on email, sending out "reply all"s with her comments on the previous night's game. These are a little easier to ignore.

Like the Drama Queen, this mom can be heard throughout the game. But unlike the Drama Queen, who's busy waving her arms

in the air, Big Mouth Betty keeps active by constantly colour commentating the play. At times she feels she really needs to help coach, after all. And this is no act. She truly can't help herself. So she steps right into Coach Mom's role and calls out the next line rotation or screams at her kid to get his head out of his ass so that he can see the play. Worse, she's unafraid to insult any player on the ice: forward, defence, or goalie. She yells at refs, she shouts at linesmen, and she has been known to

holler at other moms too. She gets especially fired up at dirty plays, so much so that other moms sometimes have to relocate to different seats in the middle of a period.

Quick tip ladies: always be the last to the bleachers. Let Big Mouth Betty get in first and stake out her area, and then you can find a different place to sit. And one last word of advice: limit this woman to one large coffee, as caffeine is the last thing she needs. God forbid she has a beer or a glass of red before a game.

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Trading tales of Rwanda now and then

THE NEW HEART OF AFRICA

Will Ferguson recalls road trip at centre of his new book



Gilbert
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Metro | Toronto

Reading Will Ferguson's recent book, *Road Trip Rwanda*, is almost exactly like being in Rwanda. I know — I lived there for 25 years before coming to Canada.

From the seriousness of law enforcers to the mundane activities and the craziness of an entire nation about soccer, the Giller Prize-winning author managed to beautifully capture it all in a memoir that hit bookshelves early this month.

So when I recently sat down with him and his friend and travel guide Jean Claude Munyezamu — a Rwandan native currently living in Calgary, the man at the origin of the trip — it felt like three old friends talking about a neighbourhood they knew only too well, even though Ferguson had only spent three weeks in Rwanda.

Ferguson: My purpose for writing



Author Will Ferguson's buddy Jean-Claude Munyezamu stands in front of the ruins of his brother's home in Rundu village. It was destroyed during the 1994 genocide against the Tutsis in Rwanda. CONTRIBUTED

ing this book was to convey that Rwanda has been enormously affected by the genocide. But Rwanda is not the genocide. For most people it's as if Rwanda stopped in 1994. I hope this book shows that there's more to Rwanda. People are living their lives. It was important for me to make that clear.

And you managed to do that by mixing humour, jokes and serious observations on how people are not just coping but thriving, right?

Ferguson: Yeah. I think road trips are inherently fun, even when your travel buddy doesn't drink beer!

Munyezamu: He tried many times to convince me to join him for a drink. I have never had a drop of alcohol in my life.

You should have taken me! All jokes aside though, in the book you talk about visiting genocide memorials, offering rides to the people and seeing the gorillas. What surprised you the most?

Ferguson: One of the most amazing things for me was seeing how Rwandan women could balance anything on their heads. I watched them for three weeks and never

saw a thing falling off. And they're doing this walking up and down on steep hills.

It's not just women though. I remember growing up and carrying everything on my head and walking miles and miles on every trip. Rwandans live on foot, man!

Ferguson: And there are people everywhere too. I didn't even make an attempt

to drive when we were there. There are just so many people on the roads. Every street is full of people, and they don't fear crossing. I couldn't believe it. They say Rwanda is the most densely populated country in Africa, but that statistic is misleading. It makes you think of Rwanda as Mumbai, but it's not. The country is so beautiful with hills, forests and rivers. But Rwandans

use the roads like hallways.

I had the opposite reaction when I got here (Toronto) for the first time. I think my first question driving in from Pearson airport was: "Where are the people?" Anyway, tell me why Rwanda is a trip worth taking.

Ferguson: First of all, it's beautiful. People are warm-hearted, it's safe, it's such a

small country and there's so much variety. You never waste your time in Rwanda. And for me the most important and powerful place we visited is at Nyange Memorial. This is a school where children refused to separate themselves according to their ethnic groups, and the militia killed them altogether. It's only there that I realized the cycle of violence is broken in Rwanda forever.

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Dozens return literary award

INDIA

Writers protest growing sense of intolerance in country

Many in India's literary community are disgusted.

Dozens of writers say every day brings more evidence of intolerance and bigotry going mainstream — a man lynched

allegedly for eating beef, an atheist critic of Hindu idol worship gunned down — all met by a deafening silence from the government.

As of Wednesday, 41 novelists, essayists, playwrights and poets had returned the awards they received from India's prestigious literary academy to protest what they call a growing climate of intolerance under Prime Minister Narendra Modi's government.

The writers are also angry

that India's Sahitya Akademi, or National Academy of Letters, has said little about the murder of the well-known rationalist Malleshappa Kalburgi, an award-winning Kannada-language writer, gunned down in August for his writings against superstition and false beliefs.

The government has dismissed the writers' protests, questioning their motives and accusing them of being politically motivated.



If they say they are unable to write, let them stop writing.

Culture minister
Mahesh Sharma, in
dismissing the protest

"If they say they are unable to write, let them stop writing," culture minister Mahesh

Sharma told reporters.

The writers say they cannot remain mute spectators to numerous incidents of communal violence, attacks on intellectuals and increasing curbs on free speech.

"It's become a question of an individual's right to speak, to think, to write, to eat, to dress, to debate," said Maya Krishna Rao, a playwright and theatre actress, who returned her award to the academy this week.

When Modi won a landslide victory in May 2014, many voiced fears of right-wing Hindu nationalism leading to communal violence and religious intolerance. Modi, who had spent years dodging allegations of failing to stop riots in Gujarat state in which around 1,000 Muslims died, assured the nation that he was prime minister for all and would work for everyone.

But the last year has seen a rising crescendo of violence by Hindu fringe groups, trying to force a regressive Hindu nationalism on all, causing fear among India's minority communities.

State governments ruled by the BJP have cracked down on cow slaughter, and even buffalo meat, a key source of protein for poor Muslims and lower caste Hindus, has become scarce.

The ban on cow slaughter has given rise to Hindu vigilante groups and mob violence has risen.

Last month a Muslim man was lynched in northern India over false rumours that his family had eaten beef for dinner.

On Wednesday, in response to persistent demands that the prime minister break his silence on the lynching, Modi said the mob killing was "sad and undesirable," but added that his government could not be blamed as the local administration was responsible for the state.

Last week, well-known writer Nayantara Sahgal returned her academy award, triggering the return of awards by other writers. Sahgal, a niece of India's first prime minister, Jawaharlal Nehru, is known as a fiercely independent political writer who had crossed swords with her cousin and another former prime minister, Indira Gandhi, when she imposed a state of emergency in India in the mid-'70s.

THE ASSOCIATED PRESS



Maya Krishna Rao is one of 41 writers who have returned the awards they received from India's prestigious literary academy in protest of what they say is a growing right-wing Hindu nationalism in India under the current government.

SAURABH DAS/THE ASSOCIATED PRESS

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INTERVIEW

Writer explores burning issues of 1970s NYC



Sue Carter
For Metro Canada

On Fire.

Like Smith, 36-year-old Hallberg came to New York to be among like-minded artists and writers. In 2003, while on a bus heading into the city, listening to Billy Joel's ode to the Big Apple, Miami 2017, he had a vision for his novel.

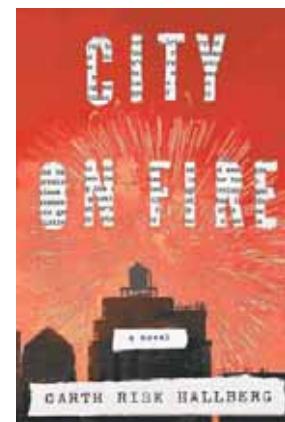
"I knew this was the book I have to write," he says.

For the next 10 years during off-hours from his day job as a journalist, Hallberg created

the world that would become City on Fire, an epic story that should resonate with those who actually hung out at CBGB and those who show their affinity by wearing vintage Ramones t-shirts. Mostly set in 1977 prior to New York's notorious blackout and subsequent violence, City on Fire revolves around the unsolved murder of an East Village teenager named Sam. Since news of Hallberg's novel grabbed attention for its

publisher bidding war (Double-day Canada publishes it here) and a staggering reported \$2-million advance, City of Fire has been scrutinized by some media, suggesting its setting represents misplaced nostalgia for a time when drugs, poverty and crime reigned. But Hallberg says nostalgia is exactly what he was trying to avoid, "at least so far as it involves the flattening or sentimentalizing of the past," he says.

While Hallberg "adores" books like the Hillary Mantel's Thomas Cromwell tome Wolf Hall, he didn't set out to write a historical novel, either. What he found in the squalor of 1970s New York was "a place where I could dramatize the burning issues that still affect us years later: class, sexuality, race, questions of humanity and self-expression," he says. "These are all very contemporary concerns."



GOSSIP BRIEFS

Miley plans to perform nude

Want to see Miley Cyrus — and the Flaming Lips — perform totally naked? Well, first off that's an oddly specific fantasy. And secondly, you're in luck! But there's a catch: You have to be naked, too.



(Cyrus) is planning a show where her, the band (us) and the audience are all completely naked with milk — well, white stuff that looks like milk — being spewed everywhere," Flaming Lips ringleader Wayne Coyne spilled

on Instagram. "It's a video (in the works) for (Miley and Her Dead Pets) song The Milky Milky Milk." NED EHRBAR/METRO HOLLYWOOD

Klum talks single mom status

Heidi Klum is opening up about life as a single mom

some four years after her divorce from Seal, and things aren't really that different.

"Obviously things have changed, but they haven't changed drastically," she tells Redbook. "He was never your typical dad who left for work in the morning with his briefcase and would be home by dinnertime every night. He

travelled a lot. The kids knew it was part of his job. I'm a mom and a dad at the same time."

On men in general: "Women are capable of juggling a lot of balls — we do things that guys just cannot do. Men typically can juggle only one ball," she jokes. "A lot of them have a very hard time just trying to figure out what

to do with that one ball. And often they want us to hold that one, too!"

I'm just going to leave it at that. NED EHRBAR/METRO HOLLYWOOD



Lamar Odom on life support

TRAGEDY

After life a of struggle, Odom fights for his life

Lamar Odom, the NBA star and reality TV personality embraced by teammates and fans for his humble approach to fame, was on life support Wednesday, his estranged wife Khloe Kardashian by his side. Odom was found unresponsive after four days in a brothel, and authorities sought a warrant for blood evidence of drugs.

Hospital officials would not comment on the condition of the 35-year-old former Los Angeles Laker, who was found face down at Nevada's Love Ranch Tuesday afternoon, brothel owner Dennis Hof said.

Odom started "throwing up

all kinds of stuff" after a 911 operator told brothel workers to turn him on his side, Hof said in a phone interview. Odom "spent time socializing with some of my girls," but wasn't seen taking any illegal drugs, Hof said.

The Rev. Jesse Jackson, who visited him in the hospital Wednesday, said Odom was on life support and that doctors believe he is recovering after being totally unresponsive the day before.

"Apparently from what the doctor said, he was much better off today than yesterday. He at least has some responsiveness now," Jackson said.

"We're just holding hands and hoping he can bounce back," Jackson added.

Investigators have sought a warrant to obtain a blood sample to determine if Odom suffered a drug or alcohol overdose, Nye County, Nev., Sheriff Sharon Wehrly said.

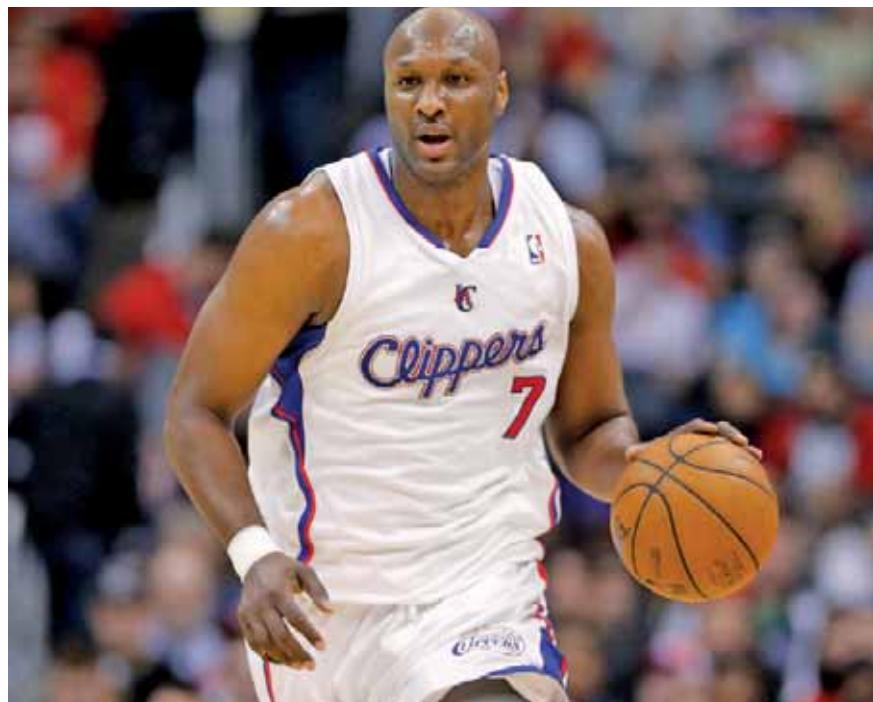
Odom spent most of his 14-

year NBA career in Los Angeles with the Lakers and Clippers, becoming a fan favourite and beloved teammate. Then he took fame even farther, marrying into the Kardashian clan.

His whirlwind romance with Khloe Kardashian and their huge 2009 wedding was taped for the E! network, and Odom appeared on nearly two dozen episodes of Keeping Up with the Kardashians. He also appeared on Kourtney & Kim Take Miami, and his marriage was chronicled on the Khloe & Lamar show in 2011 and 2012.

Odom seemed to get loving attention from the Kardashians. Khloe would call him Lam-Lam and worry openly about him. Even after they split up in 2013, cameras recorded her calling him and checking on his welfare.

But as his life became a public spectacle, his basketball career faded. He was heartbroken in December 2011 when the Lakers attempted to trade him to New Orleans in a multiplayer



Odom spent most of his career in Los Angeles with the Lakers and Clippers. THE ASSOCIATED PRESS

trade for Chris Paul. He eventually went to Dallas, and was out of the NBA just two years later.

Odom's behaviour increasingly worried family and friends. He pleaded no contest to drunk-driving after an arrest in August

2013. Kardashian filed for divorce four months later and has been dating Houston Rockets star James Harden. The divorce has not yet received final approval from a judge.

Odom signed with the New York Knicks in April 2014, but never played.

Rumours of drug use followed; Odom was photographed repeatedly on Skid Row.

When cameras caught up with him on a sidewalk in August, Odom blamed the media for his downfall.

"Ya'll have discredited me, beat me down, took my confidence, took everything away from me. You will not do it again," Odom told TMZ in an interview. "To everybody that I know and that supports me, I'm sorry but it's just it. The dog has to bite back."

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metro HOME

Your essential daily news

What's Fido up to at home? PetBot will take pics of your pet and send them to your phone



what they're asking

As Canadian cities grow, the only place left to build is up. Single-family homes are in great demand, and in some cities, rising prices and bidding wars are the norm. Here is an interesting cross-section of three-bedroom homes with a range of asking prices. **Duncan McAllister** FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.



\$559,900

Edmonton

Located at 2020 Christopher Cl., in Lakehead Ridge, this two-story detached home is situated on a quiet street near walking trails and schools. The home offers many upgrades including nine-foot ceilings, quartz countertops, lighting fixtures, flooring and window covers. The bright and open main floor has large windows, a laundry and a walk-through pantry. The backyard is surrounded by mature trees and a two-tiered deck. Listing agent Jeremy Amyotte is a sales representative with RE/MAX Elite, 780-406-4000.



\$429,900

Calgary

This three-bedroom, detached home in the Mayland Heights district is close to everything — five minutes to downtown, one block to the bus or a 15-minute walk to the LRT. The home features 956 sq. ft. of living space and three bathrooms. The master suite has built-in closets in an en suite bathroom. The second storey has two bedrooms and a spacious main bath. There's a chef's kitchen with white cupboards and granite countertops. Bryon Howard is a sales representative for Re/Max House of Real Estate, 403-589-0004.



\$989,000

Toronto

This character row house is located deep in the heart of Little Italy. It was built in the 1880s and has been renovated to perfection. The home features high-end finishes, elegant fixtures and heritage crown moldings. With a bright and spacious layout, there's also a finished basement with a separate entrance and a detached garage. The site is located near all the amenities and transit options of College Street West. Listing agents Ralph Fox and Kori Marin are with Sage Real Estate Ltd., 416-483-8000.

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Sirrah | 2,403 sq.ft.
Secord Area
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Elara | 2,706 sq.ft.
Aspen Trails Area
3 bed - 2.5 bath



Omega | 2,239 sq.ft.
New Castle Area
3 bed - 2.5 bath



Galaxy | 2,072 sq.ft.
Schonsee Area
4 bed - 2.5 bath

8

ACCESSORIES FOR THE ULTIMATE AT-HOME BREW STATION

Cold weather means drinking more of the good stuff: hot tea, coffee and hot chocolate. Here are a few brewing discoveries that are sure to have you sipping away in style.

Karl Lohnes
For Metro Canada



1 Sip away

The perfect accompaniment to Netflix this winter. Time For Tea Set — My Cup of Tea, \$25, Chapters.Indigo.ca

2 Grind away

One machine that grinds to every need at the perfect price. Custom Grind Coffee Grinder, \$35, HamiltonBeach.ca

3 Heat away

A solid brass classic to entertain for a lifetime. Alfi Thermal Carafe, \$200, Williams-Sonoma.com

4 Pump away

For the smoothest, grit-free pump coffee. AeroPress Coffee & Espresso Brewer, \$35, Starbucks.ca

5 Brew away

The hipster teapot that will live on forever. STAUB Teapot, Basil, \$170, TheBay.com

6 Walk away

Act like you overspend at the local coffee shop while brewing your own. Lenox Park City Thermal Travel Mug, \$12, BedBathAndBeyond.ca

7 Boil away

Add some style from kitchen counter to the table. Hamilton Beach 1.7-litre Stainless Steel Cordless Kettle, \$70, Lowes.ca

8 Store away

The handiest gadget in your coffee station. Coffee Scoop Clip, \$6, CB2.com

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Your essential daily news

Bautista blasts Jays to AL finals in wild, wacky win over Texas

MLB PLAYOFFS

Bizarre plays, Ranger errors pave way to dramatic finish

Capping a deciding game filled with controversy, bad blood and just plain craziness, Jose Bautista's three-run homer propelled the Blue Jays into the American League Championship Series as baseball karma delivered Toronto a wild 6-3 win over the Texas Rangers on Wednesday.

Game 5 of the AL Division Series was filled with drama — and almost as much talk as play on the field before a riled-up sellout crowd of 49,742 under the Rogers Centre roof.

When the dust settled, the Jays had rallied from a 2-0 hole to win three straight and advance to face either Kansas City or Houston. It was Toronto's first home playoff win since Joe Carter's home run secured the 1993 World Series.

The Jays rushed the mound to celebrate when it was over, followed by police to monitor the crowd. And baseball had a playoff game that will long be remembered, for the good and bad. Tied 2-2, the contest was turned on its head in the top of the seventh.

ALDS Game 5



With Rougned Odor on third and Shin Soo-Choo at the plate with two outs, Toronto catcher Russell Martin's return throw back to the mound hit Choo's bat and flew off into the distance.

Odor raced home while the Jays players held their arms up in disbelief. Home plate umpire Dale Scott, who had called time, then awarded Odor the base — and the run — after a confab. As beer and garbage flew out of the stands, there was more talk and a review.

The ruling was the play stood — that Choo had not intentionally interfered so the ball was alive and in play. Martin was given a throwing error and the irate Jays, now trailing 3-2, filed their protest.

By chance, Martin was up to open the bottom of the seventh. And karma kicked in with three straight Texas errors — one by first baseman Mitch Moreland and two by



Toronto's Roberto Osuna and catcher Dioner Navarro embrace as the Blue Jays celebrate on the field at Rogers Centre. CHRIS YOUNG/THE CANADIAN PRESS

shortstop Elvis Andrus — allowing Martin, Kevin Pillar and Ryan Goins to load the bases with none out.

The Rangers got pinch-runner Dalton Pompey out at home with the Rangers upset at the take-no-prisoners slide that took out catcher Chris Gimenez. Reliever Sam Dyson took over for Rangers

ace Cole Hamels.

Josh Donaldson drove in Pillar on a field's choice floater that just went over Odor's glove to tie it at 3-3. Bautista then slammed a three-run homer to settle the score, pausing dramatically to savour his handiwork before flipping the bat and trotting round the bases.

Dyson took umbrage, jawing at Edwin Encarnacion, who was next up. The benches and bullpen emptied, although nothing came of it.

The benches emptied again after the inning finally ended. Jays pitcher Mark Buehrle, who was in uniform but not on the playoff roster, was the only player ejected after the

ROYALS WIN

Johnny Cueto delivered a masterpiece on his biggest stage yet, pitching eight dominant innings Wednesday night and leading the never-say-die Kansas City Royals to a 7-2 win over the Houston Astros and back to the American League Championship Series.

Cueto (1-0) allowed two hits, a single by Evan Gattis followed by Luis Valbuena's second-inning homer, before retiring the final 19 batters he faced. He struck out eight without a walk in the kind of clutch performance the Royals expected when they traded for him.

THE ASSOCIATED PRESS

scuffles. Texas put two men on in the eighth but closer Roberto Osuna ended the threat before wrapping up the ninth.

The Jays are the 15th team in MLB history to force a Game 5 in a best-of-five series when down 0-2 and only the third to win after losing the first two games at home (the Yankees in 2001 and San Francisco Giants in 2012 also did it).

The game was played nearly 30 years to the day that the Jays played their last sudden-death game (Oct 16, 1985, a loss to Kansas City).

THE CANADIAN PRESS



Oilers need more than just McDavid



THE HOCKEY NEWS
Ryan Kennedy

It's in the books: Connor McDavid scored his first NHL goal on Tuesday night. It came not on a daring rush or sinful wraparound, but on a deft tip-in of an Andrej Sekera point shot. No matter the method, McDavid can score, as anyone who watched him in junior can tell you. But the Oilers will need him to score often this season, because through three games at least, this is still a club that gets worked on the scoreboard.

Small sample size? Of course. But it's not a good sign that Edmonton is again one of the worst puck possession teams in the NHL. The caveat to all this is Jordan Eberle's absence. The right winger's shoulder injury is hindering the Oilers, as an integral part of the forward corps is not in the mix.

In a perfect world, the Oilers trot out two fiendishly tricky lines centred by McDavid and Ryan Nugent-Hopkins. Taylor Hall and 'The Nuge' have their chemistry and while adding Eberle to the pair when he



Connor McDavid's goal Tuesday is likely the first of many. THE ASSOCIATED PRESS/JEFF ROBERTSON

20

Veteran Benoit Pouliot has never hit the 20-goal mark.

returns makes sense based on the past, Eberle could also prove to be a great running mate for McDavid.

In the early goings, coach Todd McLellan has tried a number of wingers with McDavid already. Against Nashville in Game 2, veterans Benoit Pouliot and Lauri Korpikoski got a crack, though Nail Yakupov subbed in for the latter eventually.

McDavid has been a consistent offensive threat early on, but for him to be effective, he needs to have another nuclear option alongside him. Korpikoski is defensively responsible, but no sniper. Pouliot has flirted with 20 goals in the past, but his attention to detail can wander, as was evidenced in the loss to Dallas on Tuesday. Yakupov is the most dangerous of the three on paper, but is not going to win any Selke trophies anytime soon.

What I see happening very

quickly is teams overloading on McDavid, taking a chance that his linemates won't make them pay. This was essentially what Oshawa did in the OHL playoffs last year when they ousted McDavid's Erie Otters.

Now, Edmonton still has the Hall-Nuge combo and those guys can create, but this is also the NHL, where depth is crucial and other teams have similar, if not better, weapons at their disposal.

Eberle can't return soon enough. Is it November yet?

NHL

Senators thrash Blue Jackets

Bobby Ryan and Mika Zibanejad each had a goal and two assists, Erik Karlsson added a career-high four assists, and the Ottawa Senators beat the struggling Columbus Blue Jackets 7-3 on Wednesday night in Columbus.

Kyle Turris had a goal and an assist, and Marc Methot, Milan Michalek, Jean-Gabriel Pageau and Mike Hoffman also scored to help Ottawa improve to 3-0-0

on the road for the first time since 2007-08. Ryan Stone had two assists and Craig Anderson made 37 saves.

Brandon Saad, Boone Jenner and Brandon Dubinsky scored for Columbus and Ryan Johansen had two assists. The Blue Jackets have dropped their first four games in regulation for the first time in the franchise's 15-year history.

Former Vezina Trophy winner

Sergei Bobrovsky came in with a 4.65 goals-against-average and was shaky from the start, finishing with just 21 saves.

The teams seemingly couldn't stop trading goals over the first half of the game until Ottawa bolted ahead, aided by more sloppy defensive play and botched coverage by the Blue Jackets that grew worse as the game wore on.

THE ASSOCIATED PRESS

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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CFL TRADE DEADLINE

Als acquire Glenn, Stamps get Messam

The Montreal Alouettes have acquired quarterback Kevin Glenn from the Saskatchewan Roughriders.

The Riders get a fifth-round pick in the 2016 draft in return for the veteran. The deal came before Wednesday's 4 p.m. CFL trade deadline.

Montreal (5-9) lost starter Rakeem Cato to injury on Monday's 25-17 home loss to the Toronto Argonauts.

Glenn completed 171 of 257 passes for 2,174 yards with nine touchdowns and 10 interceptions this season with the Riders.

Montreal is last in the East Division, tied with both B.C. (5-9) and Winnipeg (5-10) for the third playoff spot in the West Division standings.

They would have to accumulate more points than both

clubs in order to become the first Eastern squad to cross over to the West come play-off time.

In another deadline deal, the Calgary Stampeders acquired running back Jerome Messam and a 2016 fifth-round draft pick from the Saskatchewan Roughriders for kicker Tyler Crapigna, a 2016 third-round selection and a negotiations list player.

Messam, 30, of Brampton, is the CFL's second-leading rusher with 826 yards.

The Hamilton Tiger-Cats acquired Canadian defensive back Mike Edem from the Montreal Alouettes for two draft picks Wednesday.

Montreal received a 2016 sixth-round pick and a conditional seventh-round selection in 2017. THE CANADIAN PRESS

NHL NOTES

Capitals benched Ovie because he overslept

Washington Capitals star Alex Ovechkin said he overslept and missed practice on Tuesday morning, and that's why coach Barry Trotz made him sit out that night's game against San Jose Sharks.

The Capitals said on Tuesday that Ovechkin missed the game due to "personal reasons." Ovechkin spoke to media after Wednesday's practice, saying he made a mistake setting his clock.

He set the clock for 8:30 p.m. instead of a.m., which caused him to oversleep and arrive at practice late. Ovechkin said Trotz then told the Capitals captain he would not play in the game for violating team rules.

"I just messed up with my alarm clock ... made a mistake," Ovechkin said. "We talked. We have a conversation. It's (the) rules."

Trotz said he understood what happened, but the rules are the rules.

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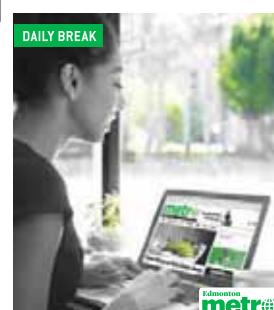
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RECIPE Sweet Potato and Apple Soup



PHOTO: MAYA VISNEY

Ceri Marsh & Laura Keogh
For Metro Canada

This sweet and spicy dish is great alone or with grilled cheese.

Ready in
Prep time: 45 minutes
Serves 4

Ingredients

- 1 large sweet potato, peeled and cut into 1-inch cubes
- 2 Tbsp olive oil, divided
- pinch salt
- 1 clove garlic, minced
- 1 carrot, diced
- 1 yellow onion, diced
- 3 cups chicken stock
- 2 apples, diced
- 1/2 tsp cinnamon
- pinch nutmeg
- pinch ginger
- 1/2 cup coconut milk

Directions
1. Preheat oven to 400.

2. In a large bowl, toss sweet potato with 1 tablespoon of the olive oil and salt. Spread them on a greased baking sheet and roast in the oven for about 20 minutes until tender.
3. In a large pot over medium heat, add the remaining olive oil, garlic, carrot and onion. Cook, stirring frequently, until vegetables are tender, about 10 minutes. Stir in the chicken stock and add sweet potato, apple and spices and cover allowing the soup to simmer for about 15 minutes.
4. Remove the soup from the heat and using an immersion blender or working in batches with a blender, puree the soup until smooth. You can add additional stock if you want to adjust the consistency of the soup.
5. Return the soup to low heat and stir in the milk and allow to simmer another 5 minutes then season to taste.

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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1	2	3	4		5	6	7	8	9	10	11	12
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same old
56. 'Single'-mean-
ing prefix
58. __ & Davide (Mak-
ers of The Queen's
shoes)
59. Ordinal suffix
60. Ascended
62. Poivres pals
63. "Cold Moun-

tain" (2003) role
for Nicole
64. Most ready-to-be-
eaten banana
65. "Mother-in-Law"
by Ernie __
66. Work week
starter, briefly
67. Daunt
68. Longbow

woods
DOWN
1. Nero's 351
2. "Death of a Sales-
man" (1951) char-
acter Willy
3. For everyone
to hear
4. Canadian plus-size

clothing chain
5. Web address'
usual last word
6. Est.'s opposite
French direction
7. __ the crack
of dawn
8. Do a new version
of the song
9. Theatre, in Italy
61. WNW opposite

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20

How can you be sure that someone is telling you the truth? You can't, but it doesn't matter. Even if they are lying no harm will come of it.

Taurus April 21 - May 21

If someone you live or work with makes a mess of something today don't make a big fuss about it. There are far too many interesting things going on to waste time worrying what others may be doing wrong.

Gemini May 22 - June 21

Focus on career and work-related matters today. If you knuckle down and get things done you will make the kind of impression that earns big rewards. Employers are eager to see you succeed — don't let them down.

Cancer June 22 - July 23

Listen to what friends and colleagues tell you today because they can see the bigger picture while you can only see small bits of it.

Leo July 24 - Aug. 23

Consider your options carefully, then act quickly and decisively. This applies especially to financial matters. Somehow you will just know what your rivals are planning. Use that knowledge to your benefit.

Virgo Aug. 24 - Sept. 23

The more you seek advice from people you trust the more their ideas and opinions will confuse you. You don't need advice, you just need to listen to your inner voice and act on what it tells you. Trust yourself.

Libra Sept. 24 - Oct. 23

You already know the answers, so why are you still seeking other people's opinions? It is part of the Libra nature to look at all possibilities before making a decision but sometimes you can take it too far!

Scorpio Oct. 24 - Nov. 22

You seem to know everyone's little secrets. You also seem to know who is telling you the truth and who is lying. It's an amazing talent and one you could and should do more with.

Sagittarius Nov. 23 - Dec. 21

You will be offered something worth having but will be reluctant to accept because you are not sure if it is the right thing to do. The only thing that really matters is if it benefits you.

Capricorn Dec. 22 - Jan. 20

You can get just about anyone to agree to just about anything. Whether you use your powers of persuasion for good or bad remains to be seen but use it you must.

Aquarius Jan. 21 - Feb. 19

You may not change the way you do things often but once you do you go all the way and that's what will happen today. You will be amazed how quickly it becomes a part of your life.

Pisces Feb. 20 - March 20

You see trouble developing well before anyone else, which gives you a major advantage. Your way with words is also a handy weapon and anyone who challenges you today will wish they had kept quiet!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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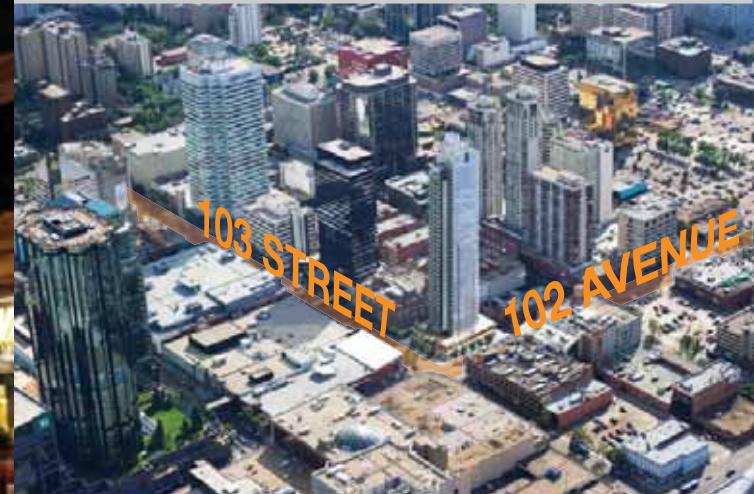
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